



## KITCHEN ASSISTANT

**Objective:** To aid staff in the preparation of meals, sack lunches, checking for expired foods, dishwashing, etc.

**Location:** HSHM Kitchen at 303 East Oakland Avenue, Bloomington, IL

### Responsibilities:

- Chopping, slicing, etc. of produce, meats and breads
- Use commercial ovens, stove, grill, or fryer
- Use of knives, commercial utensils and small wares
- Help with food preparation
- Stocking and organizing dry storage, walk-in coolers and freezers
- General sanitation of kitchen
  - Wiping down shelving and counters
  - Usage of commercial dishwasher and three compartment sinks for washing dishes, pots and pans
  - Cleaning dining area, tables, chairs and self-serve areas
  - Sweeping and mopping
  - Cleaning and sanitizing of equipment
  - Cleaning walls and shelving in storage areas, walk-in coolers and freezers
  - Wiping inside and out of reach-in coolers

### Dress Code:

- Shorts must reach the knee
- No leggings or spandex tights
- Sleeves must be capped or longer (armpits must be covered)
- Shoes must be hard sole (no sandals of any kind)
- Hair must be off shoulders and out of face; if long hair extends out of hat or hairnet it needs to be braided (hairnet will be provided)
- Clean apron must be worn (apron will be provided)
- Wash hands according to Health Department guidelines posted by handwashing sink
- No saggy pants or under clothes showing
- Shirt or pants must cover lower back and behind

### Qualifications:

- 18+ years of age
- Volunteer application on file

**Time Commitment:** 3-4 hours weekly or bi-weekly

**Training/Support:** Food Services staff will be on hand to help with equipment or questions

**Benefits:** You may learn new skills working in a commercial kitchen such as how to prepare for large groups. You will have first hand experience with clients as they interact with them while serving. Our volunteers form close relationships with other volunteers and staff members.

### Department Supervisor:

Leslie Perez, Kitchen Manager

309-828-7356

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